



# On Target

## ADELAIDE ARCHERY CLUB NEWSLETTER

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### Christmas Break-up events



#### Junior Club

Saturday 9 December

- |               |                     |
|---------------|---------------------|
| 8.30am        | arrive              |
| 9.00-10.00am  | fun shoot           |
| 10.15-11.00am | award presentations |
| 11.00         | bbq lunch           |

*Please bring a small share plate of sweet or savoury goodies  
Put your name on the board with what you will bring*



#### Raffle to be drawn at the seniors breakup

*Please put a gift in the hamper (food and beverages)  
and/or in the Christmas stocking (gifts for children and adults)*

*Raffle will be drawn on 17 December; proceeds will be donated to a charity (TBA)*



#### Seniors

Sunday 17 December

- |         |                                       |
|---------|---------------------------------------|
| 9.00am  | if you can arrive early to help setup |
| 10.00am | novelty shoot                         |
| 12.30pm | bbq lunch                             |
| 1.30pm  | presentation of trophies, raffle draw |

*Dress strictly Christmas casual—forget the uniform!*

*Put your name on the board so we know how many to cater for  
and also whether you will bring a salad or a dessert*



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# Congratulations!

## OCTOBER HANDICAP AWARDS

**KEYRING:** Eric Yang with adjusted score 973

**Longbow Wooden Arrows:** Alan Chapple with an adjusted score of 841



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### NOMINATIONS CALLED FOR

ARCHERY SA is pleased to announce that it is inviting nominations for the following from Clubs:

Most valuable Volunteer Club Committee Member of the Year

Most valuable Volunteer Club Member of the Year

The period is for the calendar year 2023. Each Club is invited to submit one nomination for each category.

If you would like to suggest two worthy club members please submit the name to [info@adelaidearchery.org.au](mailto:info@adelaidearchery.org.au) or leave a note in the President's drawer (on the cupboard against the wall behind the cash drawer)

Nominations are due at the club by Tuesday 19 December 2023, to be submitted to Archery SA by 20 December 2023



Our club hosted the Masters Games at Oakbank Race Course. Volunteers did many jobs before and during shooting, including organising the catering



A number of them recently celebrated at Jacks on Unley



### FROM THE COACHING COORDINATOR, JAMES HENRIKS

#### Beginner's courses

**My AGM Coaching Coordinator report** for 2022/2023 mentioned that 22 club members had assisted as instructors over the 12 months at 8 courses. Many of the **22 legends** are also active as club officials.

**From a club with over 300 members** that is a poor effort on behalf of the members who enjoy the facilities that the club has and the equipment provided.

**The beginner's courses** are one of the pathways for new members and raises over 40% of the club revenue. If you add in the money raised by the AJAD beginner courses, the members who assist at the courses are **in effect** sponsoring other club members.

**The coordinator of the courses** is required to be a qualified coach but the instructors simply need to be competent archers and be prepared to work with four beginner archers for three weeks.

**Instructors do not have to be qualified** level one or two coaches, though I encourage club members to take up opportunities that are offered during the year and I do recommend completing a "working with children" clearance (done online). I try to ease new instructors into the process by teaming them with an experienced instructor where possible.

**PLEASE SUPPORT OUR CLUB  
YOUR HELP IS NEEDED**

### TOURNAMENTS December 2023—January 2024

See Archery SA website for details & to enter these events: <https://archerysa.org.au/events>

**Sunday 3 December:** Southern Vales Archery Club's 2023 Rosney Johns Memorial Juniors Tournament at Morphett Vale, 9.00am-3.30pm

**Saturday 13—Sunday 14 January:** Blue Lake Archers 2024 Tournament Weekend at Mount Gambier, including Field on Saturday, Indoor on Saturday evening and a single Clout on Sunday morning

**Sunday 28 January:** Archery SA Australia Day Field Tournament at a venue to be decided, 10.00am-5.00pm



**THE SHOOTING COMMITTEE** met on 30 October, to plan next year's events, including that we have a Longbow Tournament - the 'Intercalary Event', always on 29 February (every four years - leap day); also that the club pays half the entry fee for the Lord Mayor's Team Shoot. For the full report on planned events and the discussion of a number of administrative matters please refer to the minutes of the General Meeting held on 21 November.



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### CHANGES TO CLUB REGULATIONS (rules governing operation of the club and shooting)

The following additions and clarifications were agreed to at the recent club meeting:

#### 39. CLUB UNIFORM

39.1 There shall be a Club Uniform.

It shall consist of a green and gold shirt, or a gold shirt. An optional over garment of dark green and/or gold may also be worn.

*When it is raining, a rain-coat/jacket may be worn.*

*Please note that uniform rules will be enforced from the first programmed shoot next year. This means that jackets, sweaters, vests, and so on of other colours will not be tolerated (put them UNDER your club shirt if you are cold).*

*Do not blame the Field Captains if they refuse to allow you to shoot if you are not dressed as above; they are following the directions of the club membership (all club members are entitled to a vote at any club meeting)*

#### SHOOTING RULES

40.9B - During practice before programmed shoots (from 8am on Thursdays, 8am Saturdays (AJADs days only), 12 noon on Saturdays & Sundays), targets 1, 2, 3, 14 & 15 are to be used for distances up to and including 30m, while 4-13 can be used for longer distances (while adhering to rule 40.9 a) above), which may entail archers having to move to another target.

40.10 - 72 arrow rounds may be programmed at the discretion of the Field Captain.

Sunday 19 November  
at Oakbank Race Course.

Our club was the organising body, which meant, among other things, setting up in the morning ready for the event.

Here are some of the tasks that this involved:

## STATE TARGET CHAMPIONSHIPS



Photos: Annette Humphries

*There was some concern when horse floats started driving through the middle of the field. It turned out that they had an event at the far end of the field; luckily they had all arrived before shooting started!*



### FROM THE COACHING COORDINATOR, JAMES HENRIKS

The November beginner's archery course finished on Sunday 19 November. There were three no-shows on the first day so I suggested that the parent of one participant could join the group which he did the following week, with some catch up time with **Tony Ward**. One of the no-shows also joined Tony for catch up the second week.

The second no-show was ill and withdrew, and I did not have any communication from the third. Three did not appear the second week and two (siblings) the third week.

Instructors were **Dean Pettman, Pam Pettman, Junior Alexander, Michael Devonshire Gill, Sue Martin, Sue Marley, Lindsay Webb, Tony Ward, Alan Chapple, Helen Illman and Pete Beros**. A number were covering absent archers so some of the instructors were present for one week only. Overall, it was a very positive group of beginners with a lot of interest in longbow.



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### FROM THE GROUNDSMAN, TONY WARD

**Bore water:** Some good news: our water allowance for this financial year has been increased by 564 kL (which is unused water carried over from last year).

This gives us a total of 6,204 kL for the year. So far we have used 2,542 kL of that allowance.

Longbow archers enjoyed a day out at the LONGLY TOURNAMENT, and scored well, with Peter first, Dieter second and Alan third, and in the ladies, Naomi second and Carol third.



### FROM THE LIBRARIAN, STEVE SYKES

Bow International Edition 172 has arrived and, in addition to reports more relevant to archers in the UK, e.g. the Archery GB National Tours Finals, it contains a number of articles that will be of interest to our members.

**In 'On talent and coaching, part 2**, World Archery coach of the year, Richard Priestman discusses limitations, development and coaching.

**In introducing children to field archery**, Alex Tyler gives advice on how our smallest archers can start their journey in our sport. Safety and comfort are two key considerations for when a child should start using a bow. The use of indoor conditions and soft arrows with sucker cups is appropriately a suggested way for a safe introduction, especially at such a young age.

**A new column starts a mindfulness mini-series** by psychologist Karina on mental break-down. Mindfulness means being able to stop, notice and observe something and then giving yourself a moment to decide your response.

**In the 'Recurve Archer's Drawing Arm'** the author, James Park, looks at how an App can help analyse the biomechanics of the draw arm. The article concludes with details of where to find the app.

**For those interested in thumb draw archery**, Alex Tyler provides three pages of background and information, as an introduction for anyone considering a bit of variation in shooting style, especially for those who may have access to an Asiatic composite bow or a Turkish horse bow.

**'Ask the Experts'** is in two sections this month. The first focuses on barebow and in particular addresses questions on string-walking with regard to finger tabs and gloves. In the second, Jim Grizzly tackles instinctive shooting questions with reference to arrows and accuracy and the associated need for lots of graft and practice.

**Finally, if you want some history** and a chance to engage in some olde English, then the second part covering Roger Ascham's Toxophilus by Jan Sachers is an interesting read. To quote; "the best shootynge is always the most cumlye shootynge" made up of five components, viz. "standynge, nockynge, drawynge, howldynge and lowsynge."

Edition 172 will find its way on to the clubroom table by month's end when the previous issue will be available for short-term loan by members.

**AND DON'T FORGET THAT YOU CAN BORROW BOOKS, BOTH NEW AND OLD  
ON EVERY ASPECT ARCHERY AND ITS HISTORY, FROM THE LIBRARY  
ASK A CLUB OFFICER TO OPEN A CABINET AND CHECK A BOOK OUT FOR YOU**



### FROM THE JUNIOR COORDINATOR, ANDY STANFORD

On 2 December we will have our Annual Novelty shoot. Special mention must be made of Archery Supplies for donating Gift Vouchers as prizes; also Fairuz Azli from Sheridan's Accountants and Financial Planning, who has donated \$200 worth of stock to give away from Archery Supplies for the novelty shoot and end of year shoot (this will include tools, bow squares, finger tab pouches and other accessories).



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### FROM THE CLUB STEWARD, ANDY STANFORD

We are now rotating through different flavoured chips, adding in various other chocolate bars based on feedback. Violet Crumble will be back, they were just sold out. . .

Milky Ways have left the building and Snickers are also about to leave. Next to leave will be Mars Bars so they will be on clearance for \$1 each. Before you get all upset, there is a reason behind my madness. These bars have changed to a paper sleeve instead of foil or plastic. If we stored them on the shelf and not in the fridge, we would not have any issues but having them in the fridge has made them go sticky and slimy - very unappetising to eat.

In the next couple of weeks, Coffee and sugar will move to sachets. We have the stock, and they are ready to go. I purchased a small box of coffee sachets to find out if they are suitable or we'd like a different brand or we're happy with what we have. So please let me know when we do change.

One thing I have noticed is the amount of paper towel we are using in the toilet areas. I know this has been an institution since I shot as a junior. Would it be more cost effective to use interleaved paper towel and get a new Hand Wash dispenser as we are down to one? Paper rolls have limited sheets, so they tend to run us through more paper than is probably needed. Any thoughts?

## *Adelaide Archery Club Christmas Dinner*



Photos: Mariagrazia Panetta





***It seems that our housekeeping problems are shared worldwide!***

Of all the articles in Edition 171 of Bow International, the one we, as club members, should all try to read is by Peter Hill, titled **"The ABCD&E of being part of your club"**.



Wouldn't it be nice if it was left like this, instead? Please take a minute to wipe up your spills and rinse the cloth. Visitors to the club and beginners doing courses must wonder what sort of people we are.

How about a New Year's Resolution???

Some people didn't read the news-letter with the article noted above, if the disgusting state of the kitchen on Sunday 12 November is anything to go by.

Is this how they leave their sinks at home?

Perhaps they have kitchen slaves, but at the club we don't.



And, while considering all things domestic, some of our newer members may not know that it has been a club tradition, since time began, to bring a cake to share on the Thursday morning of your birthday week. We even sing Happy Birthday, though the quality of the choir is not guaranteed!



**ANNUAL REPORT FROM THE TREASURER, KYLIE STEYN presented at the AGM in September**

The financial statements of the club have been audited for the year ended 30 June 2023 [*and can be viewed in the minutes*].

Our club has significantly higher accumulated (cash) funds at the end of the 2022/23 financial year, \$352,961, an increase \$146,189, predominantly due to a \$100,000 grant received from the City of Adelaide Council which needs to be used for the building extension by end of 2024. A \$3,000 equipment grant was also received from the Office of Recreation, Sports and Racing (ORSR). The club also recorded a net surplus over the year with receipts higher than budgeted (particularly with respect to membership, coaching, tournament fees and canteen takings) while expenditure was lower than predicted.

Bank interest was not included in the budget as interest rates were negligible at the time when the budget was prepared, and the accumulated funds for deposits were considerably lower. The coaching costs *and income* were both higher, as it was decided that the club would buy and include finger tabs as part of the beginner's course, but course fees were raised accordingly.

Club membership increased over the year from 278 to 294 members.

The Youth High Performance fund was closed, and the funds from this, combined with part of the Junior's fund, were disbursed to two junior members who were selected to compete internationally as decided at a club meeting during the year.

It was decided to depreciate the value of the club library by 50% to \$5 000.



*The Editor of this little newsletter humbly requests that you contribute photos and reports, especially of events which she is unable to attend. Photos of unusual/interesting/funny incidents on and off the field are also most welcome. PLEASE SHARE YOUR STORIES*

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News, letters, comments  
and photographs are all  
welcomed by the editor

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